

# Continuing Professional Development (CPD)

**What is different about the new programme?**



The Royal New Zealand  
College of General Practitioners  
Te Whare Tohu Rata o Aotearoa

To help members meet MCNZ recertification requirements, the College has developed a new CPD programme which will be rolled out during 2021. The main changes are summarised below:

- Reduced requirements – from 150 credits to 120 credits per triennial period.
- New report categories:
  - Reviewing and Reflecting on Practice (RRP)
  - Measuring and Improving Outcomes (MIO)
  - Continuing Medical Education (CME)



- Simpler rules
  - No requirement to gather and record verification certificates
  - No waiting period for your CPD activities to be approved
  - Removal of compulsory audit of medical practice (Audit) activities
- Increased flexibility
  - Unplanned learning is encouraged
  - Self-select the activities you formally reflect and report on



- High trust
  - Self-assign credits to activities that did not have a pre-determined allocation or were of high value – in these instances your evidence will support these decisions
- Clearer reporting requirements
  - Clear annual requirements





- Evidence based
  - Meaningful reflections used as evidence of engagement with CPD
- Increased focus on
  - Planning for learning
  - Evaluating learning
  - Working with your colleagues

While the programme offers a great deal of flexibility, there are two mandatory components which have been set by MCNZ:

- **Professional Development Plan (PDP)**

Members are required to have a current PDP in place. A well-formed professional development plan (PDP) forms the basis of your annual conversation.

- **Annual Conversation**

This is a new requirement which includes a facilitated review of your completed PDP activities and supporting evidence. This structured activity is based on your maintained professional development plan.

Your PDP and Annual Conversation make up 25 percent of your CPD requirements.

