



TRAFFIC LIGHT SETTING:

RED

## COVID-19 RISK MATRIX:

# Is this person safe to be at work?

The COVID-19 Public Health Response (Vaccinations) Order 2021 requires all health and disability workers who face a high risk of exposure to COVID-19 to be vaccinated. This matrix assumes all clinical staff and non-clinical staff (in close contact service roles) are fully vaccinated.

This is an advisory based on risk assessment and should be read alongside [this explanation](#).

UPDATED 28 FEBRUARY 2022	GENERAL PRACTICE STAFF		ADVICE FOR YOUR PATIENTS		
Health condition	Close clinical contact with SYMPTOMATIC patient (red stream)	Close clinical contact with ASYMPTOMATIC patient (green stream)	Member of the public working in an area with exposure to the public where unable to maintain physical distancing (e.g. aged residential care)	Member of the public working in an area with exposure to large numbers of the public but able to maintain physical distancing (e.g. bus driver, supermarket worker, border control)	Member of the public working in an essential service with exposure to small numbers of the public and able to maintain physical distancing (e.g. office worker, electrician)
Over the age of 70 years?	no	yes	yes	yes	yes – if approved by business owner
Pregnant or breastfeeding?					
Pregnancy over 28 weeks	no	yes	yes	yes	yes – if approved by business owner
Pregnancy under 28 weeks with a heart or lung condition	no	yes	yes	yes	
Pregnancy under 28 weeks without a heart or lung condition	no	yes	yes	yes	
Breastfeeding	discussion needed	yes	yes	yes	

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<b>Respiratory – asthma?</b>					
Asthma well controlled	yes	yes	yes	yes	yes – if approved by business owner
Asthma less well controlled (frequent use of SABA/LABA but no night waking)	yes	yes	yes	yes	
Asthma poorly controlled, e.g. long-term prednisone/ prednisolone greater than 10mg daily or recent (one year) oral prednisone for acute exacerbation	no	yes	yes	yes	
<b>Respiratory – other conditions?</b>					
Stable chronic lung disease, e.g. Chronic Obstructive Pulmonary Disease, recurrent bronchitis	yes	yes	yes	yes	yes – if approved by business owner
Unstable chronic lung condition	no	discussion needed	discussion needed	yes	
Recurrent pneumonia or bronchiectasis	no	yes	yes	yes	

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Diabetes?					
TYPE 1 DIABETES: Diagnosis for less than 10 years, and with previous good control and good current control. HbA1C blood test is below 65, and no unacceptable highs and/or lows, and no complications of diabetes.	yes	yes	yes	yes	yes – if approved by business owner
TYPE 1 DIABETES: Diagnosis for more than 10 years, and/or previous or current poor control, and/or HbA1C blood test above 64, and/or unacceptable highs and/or lows, and/or any complications of diabetes.	no	yes	yes	yes	
TYPE 2 DIABETES: Well controlled, HbA1C blood test is below 65, and/or no complications of diabetes.	yes	yes	yes	yes	
TYPE 2 DIABETES: Poorly controlled, HbA1C blood test above 64 and/or any complications of diabetes.	no	yes	yes	yes	

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<b>Heart or cardiovascular condition?</b>					
Under 65 years, without multiple previous heart procedures and with well-controlled ischaemic heart disease = normal daily function without chest pain or shortness of breath or needing GTN	yes	yes	yes	yes	yes – if approved by business owner
65 years or over and well-controlled ischaemic heart disease = normal daily function without chest pain or shortness of breath or needing GTN	yes	yes	yes	yes	
IHD with occasional symptoms and impact on daily activities	discussion needed	yes	yes	yes	
Other cardiac condition with or without chest pain/shortness of breath/limb swelling, e.g. cardiomyopathy, past valve surgery	discussion needed	yes	yes	yes	
Hypertension well controlled and no IHD	yes	yes	yes	yes	
Hypertension suboptimal control and no IHD	yes	yes	yes	yes	

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Do you have a condition or medicine that affects your immune system?					
A number of conditions can leave a patient immunocompromised, and these include HIV infection, some cancers, specific immune deficiency diseases, and patients undergoing organ transplants. Each of these patients should be assessed on an individual basis but as a guide:	no	yes	yes	yes	yes – if approved by business owner
For those taking immunomodulating and suppressing drugs, the nature of the underlying condition should be the determining factor rather than the drug. The one notable exception to this is the use of glucocorticosteroids, particularly with long-term use of prednisone or similar drugs at a dose higher than 10mg per day	discussion needed	yes	yes	yes	

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<b>Cancer?</b>					
Active cancer	no	discussion needed	discussion needed	yes	yes – if approved by business owner
Recovering from cancer, on chemotherapy or radiotherapy	no	discussion needed	discussion needed	yes	
Full recovery from leukaemia or lung cancer	yes	yes	yes	yes	
Full recovery from another cancer (not leukaemia or lung)	yes	yes	yes	yes	
<b>Musculoskeletal condition?</b>					
Any active musculoskeletal condition, e.g. osteoarthritis, inflammatory joint disease	yes	yes	yes	yes	yes – if approved by business owner
<b>Skin condition?</b>					
Any active skin condition not on an immunosuppressant medicine as listed above	yes	yes	yes	yes	yes – if approved by business owner

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Other health condition?					
If other condition, does not affect lungs, heart, immune system, diabetes	yes	yes	yes	yes	yes – if approved by business owner
Conditions affecting lung lining, respiratory muscles, pleura, neuromuscular conditions	no	yes	yes	yes	
Other neurological conditions possibly affecting breathing	no	yes	yes	yes	
Stable psychological or psychiatric condition	yes	yes	yes	yes	
Deteriorating psychological or psychiatric condition	yes	yes	yes	yes	
Morbid obesity	discussion needed regarding other comorbidities	yes	yes	yes	
Chronic kidney or chronic liver disease	discussion needed	yes	yes	yes	