

# Te Whanake

Your refreshed CPD programme



The Royal New Zealand  
College of General Practitioners  
Te Whare Tohu Rata o Aotearoa

## Te Whanake CPD programme requirements

The Te Whanake programme takes place over a triennium (three years) to allow Fellows the opportunity to focus their learning activities on different areas of their practice during each annual period and to ensure they have a balanced outcome of learning at the end of the triennium.

### Your essentials

#### Setting goals annually

A minimum of **4** learning goals must be set at the start of each annual period, with at least **1** learning goal aligned to each learning category.

Goals can be informed by the previous year's annual conversation and can be carried from one year to the next during your programme, if appropriate.

Goals need to be mapped to these learning categories:

1. **Medical Education** (ME)
2. **Patient Outcomes** (PO)
3. **Reviewing Practices** (RP)
4. **Cultural Safety and Equity** (CSE)

#### Annual conversation

CPD participants need to complete a structured conversation with a peer or mentor towards the end of each annual period. This conversation is based on the member's goals, learning and development for that year. An important outcome of your conversation is setting new goals for the next annual period.

### Your credits

#### Earning credits

Credits are earned by completing activities across four learning categories. A minimum of **96** credits must be completed, with a minimum of **12** credits in each of the following categories:



**Medical Education\***  
(ME)



**Patient Outcomes**  
(PO)



**Reviewing Practices**  
(RP)



**Cultural Safety and Equity**  
(CSE)

Your remaining **48** credits can be completed in any category. Credits earned are based on **1** credit per learning hour of an activity.

Sometimes you'll do a learning activity that makes a powerful contribution to your practice. For these standout activities you can assign additional time, beyond the true time of the activity, to reflect its impact.

### Your reflections

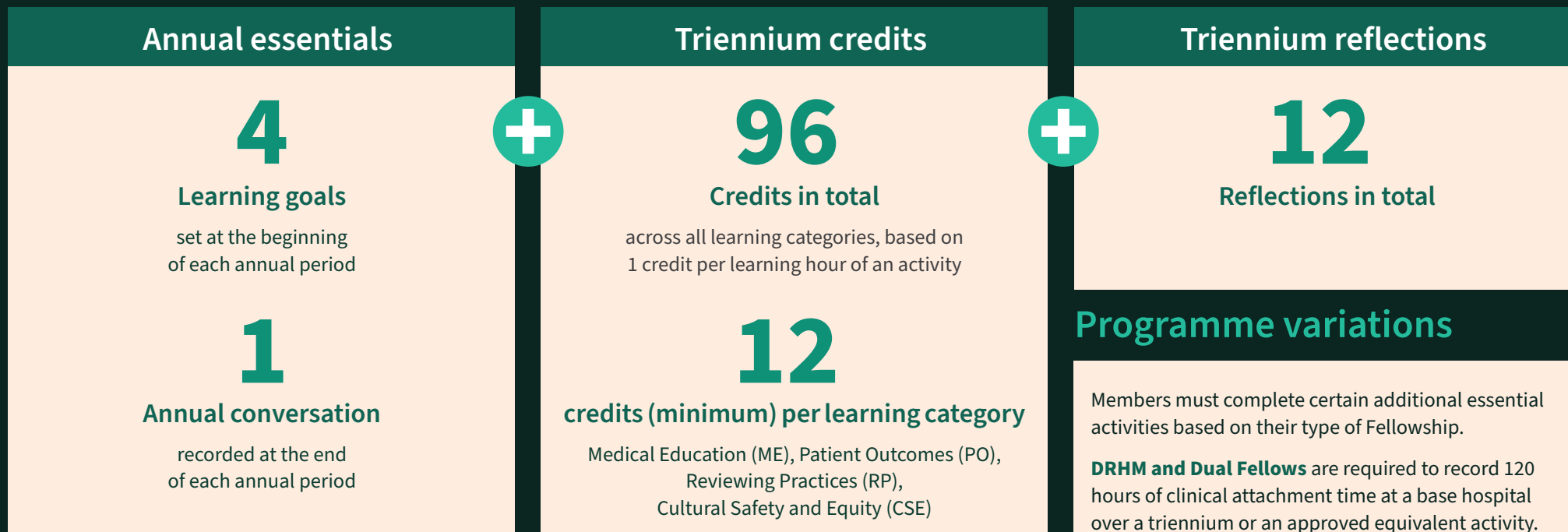
#### Reflecting on learning

A minimum of **12** reflections need to be completed for any of your logged activities. Part of embedding new learning is reflecting on what you learned and how you can use it in your work.

- > Reflecting on an activity worth less than **4** credits automatically adds **1** credit.
- > Reflecting on an activity worth **4** credits or more automatically adds **2** credits.

\* Build your medical knowledge with College-endorsed events and clinical lectures, reading, conferences and courses.

## Summary



## Programme variations

Members must complete certain additional essential activities based on their type of Fellowship.

**DRHM and Dual Fellows** are required to record 120 hours of clinical attachment time at a base hospital over a triennium or an approved equivalent activity.

### **Fellows working in cosmetic medicine:**

A recertification visit needs to be completed every 3 years.

## Annual Maintenance Programme (AMP)

The AMP is completed in each annual cycle. The AMP requirements are the same as the Te Whanake programme (with one-third of the requirements), **plus 6 x one-hour Collegial Relationship meetings per annum.**

The AMP is specifically for:

1. Registrars who are **awaiting Fellowship** or **taking a break from the General Practice Education Programme (GPEP)** or the **Rural Hospital Medicine (RHM) Training Programme** but who are continuing to work (for a maximum of 6 months)\*
2. **Overseas doctors enrolled in the Prior Specialist GPEP Training Group 1.** These doctors are enrolled simultaneously in the AMP for 12–18 months to meet their requirements for Fellowship.

\* Registrars on hold from their training and continuing to work can enrol in the AMP for up to 6 months, at which point they must either return to training or enrol in the MCNZ's inPractice recertification programme.

## Certification

**Fellows** are required to maintain their resuscitation certificate every 3 years.

**DRHM and Dual Fellows** must also complete an EMS course every 5 years (1 x Tier 1 course or 2 x Tier 2 courses).

Resuscitation requirements sit alongside Te Whanake and can be uploaded and updated through the dashboard.