

CME Questionnaire

EARN CME POINTS

The Royal New Zealand College of General Practitioners has approved this NZFP CME activity for 1 hour = 2 CME credits for Maintenance of Professional Standards (MOPS) and Advanced Vocational Education (AVE) programme purposes. To gain these credits, read the CME papers in this issue of NZFP and answer the associated questions. Please tick the answers in the spaces provided, fold and staple as indicated on the reverse side of this sheet, and return to the RNZCGP for appraisal by the end of September. There may be more than one correct answer for each question. Your answers should reflect your own understanding of these conditions based on your clinical experience and the content of the papers.

NAME: _____ MEDICAL COUNCIL NO. _____

1. Please indicate with a tick which of the following are not, debatable or established medical indications for lower uterine section Caesarean section:

	Establish indication	Debatable indication	Not an indication
Two or more previous LUSCSs			
Elderly primigravida			
Breech presentation in a primigravida			
Failed cephaloversion			
One previous Caesarean section			
Breech presentation in a multigravida			
Prevention of pelvic floor damage from vaginal delivery			

2. The reasons for the progressive increase in the Caesarean section rate with time is:
- ☐ Poorly understood
 - ☐ Proven to be due to significant social factors
 - ☐ Due to improvement in surgical procedures
 - ☐ Due to a reduction in the rate of operative vaginal deliveries
 - ☐ Associated with clinician and patient views as to the safety of Caesarean sections
3. Which of the following are risks proportional to a pregnant woman's number of previous Caesarean sections?
- ☐ Scar rupture in vaginal birth
 - ☐ Placenta percreta
 - ☐ Foetal respiratory distress
 - ☐ Foetal laceration
4. What are the patient-orientated medical outcomes used in the review of corticosteroid injections for shoulder pain quoted in the Cochrane Corner?
- ☐ Range of movement
 - ☐ Pain
 - ☐ Complete remission
 - ☐ Recovery of function
 - ☐ Power of abduction
5. The Miller Hughes study on the use of continuous combined oral contraceptive produced:
- ☐ No adverse effects of significance
 - ☐ A clinically significant difference in blood pressure between the two groups of women
 - ☐ A significant reduction in the duration of bleeding
6. The Ridker Goldhaber trial demonstrated that:
- ☐ Low intensity warfarin is safer than normal dose warfarin in patients with a past history of idiopathic deep vein thrombosis
 - ☐ Is applicable to all patients with isolated idiopathic deep vein thrombosis
 - ☐ The composite outcomes demonstrated that warfarin treatment was safer overall than placebo

Continued overleaf

7. A 28-year-old patient reveals sees you with her 8-year-old son who has constipation. During the consult she reveals that she is being physically abused by her partner who she is considering leaving.

Which of the below options should you do first? _____

Which should you not do at any stage during this consultation? _____

- i. Provide emergency contact numbers for support.
- ii. Get your practice nurse to look after the boy.
- iii. Phone your local Domestic Violence agency.
- iv. Discuss pursuing a protection order.
- v. Address the child's safety and his feelings about the situation.

Fold **Please ensure you've filled in your NAME and MEDICAL COUNCIL NUMBER on the front of this questionnaire**

Fold

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